

PRIZEMONEY GP STAD LOKEREN 2019

PODIA

40	30	20
-----------	-----------	-----------

TABLE A Reward for improving a stadionrecord

TABEL B Reward for improving a Flanders Cup record A.C.

EVENT	STADIONRECORD AC 75 Euro TABLE A	FC RECORD 150 euro TABLE B
MEN		
100M	10"35	10"07
200M	20"63	20"27
400M	46"36	44"88
800M	1'46"47	1'44"25
1500M	3'39"44	3'32"89
110mH	13"60	13"34
400mH	49"61	48"93
HJ	2m22	2m35
PV	5m21	5m63
LJ	7m89	8m16
SP	19m37	20m46
DT	67m07	67m07
JT	78m71	86m62
4x100	40"30	

EVENT	STADIONRECORD AC 75 Euro TABLE A	FC RECORD 150 euro TABLE B
WOMEN		
100M	11"54	11"17
200M	23"51	22"84
400M	53"46	51"22
800M	2'02"29	1'59"43
1500M	4'18"25	4'05"30
100mH	13"13	12"90
400mH	57"26	55"08
HJ	1m85	1m91
PV	4m42	4m42
LJ	6m44	6m70
TJ	14m28	14m83
SP	17m76	18m70
DT	53m61	62m39
JT	49m30	58m51
4x100	44"34	